



MONTANA STATE HOSPITAL POLICY AND PROCEDURE

DESCRIPTION OF SERVICES

Effective Date: August 28, 2006

Policy #: ADM-05

Page 1 of 4

I. PURPOSE: To define and describe the programs and services provided by Montana State Hospital.

II. POLICY:

- A. Montana State Hospital (MSH), an agency of the Montana Department of Public Health and Human Services, is a mental health facility located in Warm Springs, Montana. The hospital's primary functions are defined in statute, 53-21-601, M.C.A. Three types of services are provided:
 - 1. Inpatient Hospital Services
 - 2. Transitional Care Services provided under a mental health center license with an endorsement for Adult Group Home services.
 - 3. Residential Services for patients who are stable and no longer need inpatient hospital services, but cannot be discharged due to legal status or availability of aftercare services
- B. Montana State Hospital's primary function is to provide treatment and rehabilitation services for people with serious mental disorders needing intensive and specialized inpatient care.
- C. Montana State Hospital has a secondary role of protecting the public from individuals who may present an imminent danger due to a serious mental illness.
- D. Montana State Hospital supports the right of individuals to access appropriate care and treatment in the least restrictive setting. The hospital works closely with community agencies and service providers to coordinate the provision of care and help people return to community settings as soon as they are stable enough to do so.
- E. Admissions to Montana State Hospital are governed by Montana Statute. MSH primarily serves individuals admitted for care and treatment under civil and criminal commitment procedures. Discharge procedures are also governed by state statute.

III. DEFINITIONS: None.

IV. RESPONSIBILITIES:

- A. All employees are responsible for understanding the role of the hospital and providing either directly or indirectly, treatment and rehabilitation services intended to stabilize patients and help them successfully return to a community setting.

V. PROCEDURE:

Treatment at Montana State Hospital is organized around five primary clinical pathways that collectively are called “Pathways to Recovery.” The purpose of the pathways is to provide meaningful, coordinated treatment for each individual in order to promote recovery and independence to the fullest extent possible. Programs on each treatment unit are developed around a particular treatment pathway. People can receive services from other pathways as needed. All treatment programs are co-occurring capable in that substance abuse treatment needs will be appropriately addressed concurrently with other treatment the patient requires. One program is called the Co-Occurring Program. This program is designed to address the needs of people who have severe substance abuse problems concurrent with a mental illness. The hospital also provides residential services for people needing something other than intensive inpatient hospital care.

A brief description of each program follows:

A Unit, Main Hospital

Program Status	Social and Independent Living Skills (SILS) Pathway Licensed by State of Montana under Hospital Standards; Certified by CMS under federal Medicare & Medicaid Regulations
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The SILS Pathway on A ward is designed to stabilize and treat acute psychosis and affective disorders that impair judgment, social functioning, and independent living skills. After stabilization of symptoms, treatment focuses on helping people better understand and manage their psychiatric illness and to begin taking steps toward recovery. Groups and therapeutic activities are designed to provide learning and practice experiences that promote recovery and allow the individual to experience healthy patterns of living and an improved quality of life. Individuals have an opportunity to work on personal goals for recovery and movement to community placements.

B Unit, Main Hospital

Program Status	Adaptive Living Skills (ALS) Pathway Licensed by State of Montana under Hospital Standards; Certified by CMS under federal Medicare & Medicaid Regulations
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The Adaptive Living Skills Pathway is designed to enhance the physical, mental and psychosocial well-being of individuals who have long-term psychiatric disabilities and/or significant physical limitations. Individuals placed in this pathway include those whose psychosis or cognitive limitations are such that they severely interfere with daily functioning. Significant physical impairments may be present as well. Groups and therapeutic activities are highly individualized and designed to 1) provide a daily schedule that promotes physical, cognitive, emotional and social health; 2) promote each individual’s self-respect and quality of life by providing activities that allow for self-expression, personal responsibility and choice.

D Unit, Main Hospital

Program Status	Management of Legal Issues (MLI) Pathway Licensed by State of Montana under Hospital Standards;
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The Management of Legal Issues Pathways is designed for people admitted to Montana State Hospital who have misdemeanor or felony charges pending and are in various stages of adjudication. The unit is also

known as the Hospital's forensic unit. There are three main components to the program 1) evaluation of competency and related issues; 2) treatment to restore competency and fitness to stand trial; 2) treatment for individuals found guilty but mentally ill or not guilty by reason of mental illness in criminal proceedings. The MLI program also provides psychiatric evaluation and treatment for individuals transferred from facilities operated by the Montana Department of Corrections. In all aspects of programming on this unit, careful consideration is given to public safety and the perspective of victims.

E Unit, Main Hospital

Program	Social and Independent Living Skills (SILS) Pathway
Capacity	25 beds
Status	Licensed by State of Montana under Hospital Standards; Certified by CMS under federal Medicare & Medicaid Regulations

The SILS Pathway on E ward provides treatment for people experiencing a high level of disability due to impaired judgment, social functioning, and independent living skills resulting from a serious mental illness. People on E ward have psychiatric symptoms and presenting problems that are not easily resolved and present significant barriers to community placement. Programming focuses on development and attainment of personal goals and taking initial steps to work toward recovery.

Groups and therapeutic activities are designed to provide learning and practice experiences that promote recovery and allow the individual to experience healthy patterns of living and an improved quality of life.

Spratt Building

Program	Coping and Co-Occurring Pathway (CCP)
Status	Licensed by State of Montana under Hospital Standards; Certified by CMS under federal Medicare & Medicaid Regulations

The Coping and Co-Occurring Pathway Program is designed for individuals whose primary problem is maladaptive coping behavior including substance abuse. This includes suicidal and self-injurious behaviors, eating disorders, problems with anger, problems in interpersonal relationships including aggression and lack of assertiveness, treatment non-compliance behaviors, somatization, and severe substance abuse. This program provides stage-based, integrated treatment to address complex treatment needs with a recovery perspective that includes acceptance of the individual into a therapeutic community.

Johnson House

Program	Transitional Living
Status	Licensed as a Mental Health Center Group Home by the State of Montana

Johnson House provides transitional living for people preparing for discharge into a community mental health center group home or similarly structured aftercare service like adult foster care or assertive community treatment. Program focus is on development independent living and self-care skills and social adjustment from institutional care.

Mickelberry House

Program	Transitional Living for People on Forensic Commitments
Status	Licensed as a Mental Health Center Group Home by the State of Montana

Mickelberry House provides transitional living for people on forensic commitments who are preparing for a community placement. Program focus is on development independent living and self-care skills and social adjustment from institutional care.

Residential Care Unit

Program	Maintenance and Transitional Care for Patients who are stable and awaiting placement in a community aftercare program
Status	No appropriate licensure category exists

The Residential Care Program provides care and ongoing treatment for people who are stabilized and discharged from hospital care, but awaiting placement in a community program either because of legal status or bed availability. The majority of the people on the program are on forensic commitments. The program provides care and treatment intended to maintain improvements made on other hospital units and further promotes each individual's recovery.

- VI. REFERENCES:** M.C.A. 53-21-601 Location and Primary Function of Hospital; M.C.A. 53-21-102 Definitions (under Treatment of the Seriously Mentally Ill section).
- VII. COLLABORATED WITH:** Medical Staff, Program Managers, and Addictive and Mental Disorders Division of DPHHS
- VIII. RESCISSIONS:** #ADM-05, *Description of Services* dated June 4, 2004; #ADM-05, *Role of Montana State Hospital* dated June 22, 2001; H.O.P.P. # 96-ADM-01 *Role of Montana State Hospital*, dated 9/23/96.
- IX. DISTRIBUTION:** All hospital policy manuals
- X. REVIEW AND REISSUE DATE:** August 2009
- XI. FOLLOW-UP RESPONSIBILITY:** Hospital Administrator
- XII. ATTACHMENTS:** None

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Ed Amberg	Date
Hospital Administrator	